



PROVIDER COMMUNICATION BULLETIN

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IN THIS ISSUE: Important Changes to RB-BHT and Peer Support Services

BEHAVIORAL HEALTH, I/DD, AND TBI PROVIDERS

Important Changes to RB-BHT and Peer Support Services

As directed by the recently enacted North Carolina state budget (S.L. 2026-41), Vaya Health will transition Research-based Behavioral Health Treatment (RB-BHT) and Peer Support Services (PSS) to closed network services.

Effective July 7, 2026, only contracted providers within the approved closed network may deliver RB-BHT and PSS. The transition to a closed network structure is intended to support service quality, network adequacy, and ongoing management of provider capacity across the continuum of care.

Providers currently delivering RB-BHT and/or PSS should continue operating as contracted and approved. Vaya will evaluate new requests to provide RB-BHT and PSS on a case-by-case basis against our selection criteria, which includes a network need.

For more information on closed network services, visit the [Behavioral Health, I/DD, and TBI Network](#) page of our Provider Central website. If you have questions, email provider.info@vayahealth.com.

Why did I receive this email? Vaya Health requires network providers to subscribe to our Provider Communication Bulletin. For more information, reference our [Provider Operations Manual](#).

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