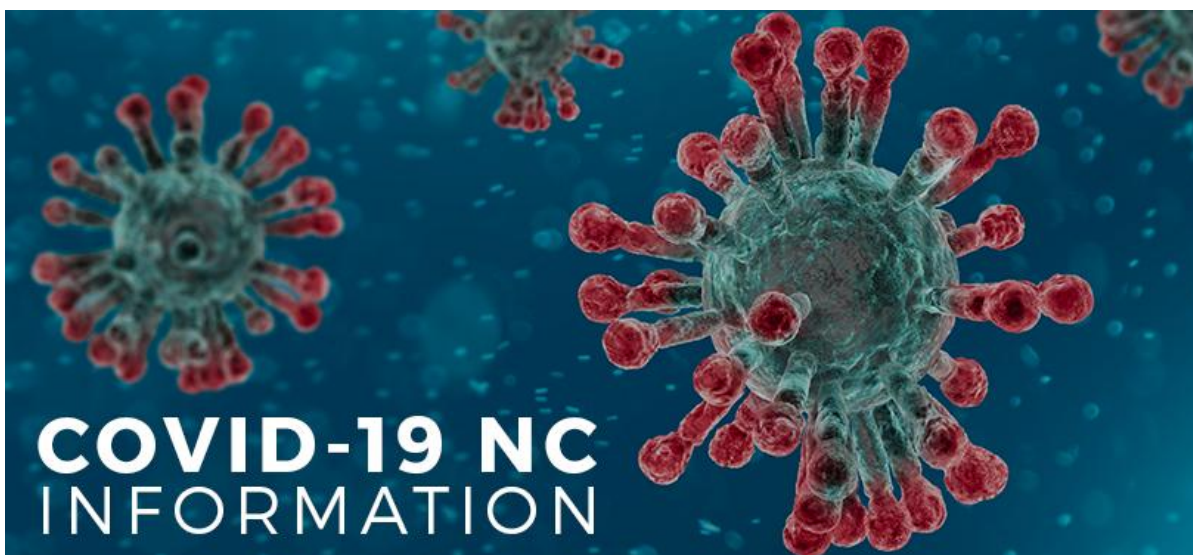


JULY 23, 2020



## Q&A WEBINAR FOR VAYA HEALTH NETWORK PROVIDERS

**Friday, July 24, 2020, 11 a.m. – 12 p.m.**

Q&A Webinars for Vaya Network Providers take place every two weeks. Registration is not required. There is no limit to the number of attendees who can join. All attendees will be muted throughout this live broadcast and will be able to submit questions for the presenters through the Q&A feature.

Q&A WEBINAR FOR VAYA NETWORK PROVIDERS

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## ATTENTION: MENTAL HEALTH FIRST AID (MHFA) AND QUESTION, PERSUADE, REFER (QPR) INSTRUCTORS

Are you, or other staff within your agency, certified as QPR or MHFA instructors? Vaya is working to better understand the teaching resources that are available within our provider network. If you are a certified MHFA, QPR or other suicide prevention format instructor, please email [tommy.duncan@vayahealth.com](mailto:tommy.duncan@vayahealth.com).

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## COVID-19 SUPPORT GUIDELINES FOR INDIVIDUALS WITH IDD DURING THE PANDEMIC

The American Academy of Developmental Medicine & Dentistry (AADMD) has provided COVID-19 Support Guidelines for individuals with intellectual and/or developmental disabilities (IDD) residing in group homes. AADMD is a nonprofit, membership organization of interdisciplinary health professionals — including primary physicians, medical specialists, dentists, optometrists, nurses and other clinicians — committed to improving the quality of healthcare for people with IDD.

People with IDD have higher rates of complications and death due to COVID-19 when compared to the general population. Despite this risk, public health recommendations for this population are sparse and vary greatly from state to state. AADMD has developed a

white paper to help provide clearer guidelines and reduce the pandemic's impact on people with IDD.

Read more: [COVID-19 Support Guidelines for Individuals with IDD During the Pandemic](#)

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## UPDATE TO CDC GUIDANCE ON DURATION OF COVID-19 ISOLATION

Accumulating evidence supports ending isolation and precautions for people with COVID-19 based on symptoms. Updated CDC guidance incorporates this evidence to inform recommendations to prevent COVID-19 transmission while limiting unnecessary prolonged isolation and use of laboratory testing resources.

For most people with COVID-19, isolation and precautions can generally be discontinued 10 days after symptom onset and resolution of fever for at least 24 hours, without the use of fever-reducing medications, and with improvement of other symptoms, according to the updated guidance.

Read more: [Duration of Isolation and Precautions for Adults with COVID-19](#)

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## TRAINING OPPORTUNITIES

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### COMPLEX TRAUMA: THE CONNECTION BETWEEN MENTAL HEALTH, COVID-19 AND SOCIAL UNREST Wednesday, Aug. 5, 12:30 – 2 p.m.

We are living in a time of heightened stress impacting individuals, families and communities across cultures, generations, genders and racial groups. How can behavioral health professionals support people in developing healing and resiliency from overwhelming, cumulative traumas? Join experts on trauma and resilience at the National Council for Behavioral Health for this virtual workshop.

Register online: [Complex Trauma: The Connection Between COVID-19 and Social Unrest](#)

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### THE ASAM CRITERIA (TWO-DAY) SKILL-BUILDING TRAINING

Multiple dates beginning Aug. 3, 2020 – June 2021, 8:30 a.m. – 4:30 p.m.

This two-day, application-focused training provides participants with an in-depth look at the theoretical foundations of the ASAM Criteria, including clinically driven services, biopsychosocial assessment, the six dimensions, continued stay and transfer/discharge criteria. Learn more about the [ASAM Criteria Training Project for North Carolina](#) and the [Skill-Building Training](#).

